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# Emergency First Aid

**Number of delegates:** 6
**Duration:** 1 day
**Location:** Horsley Cross

## Who should attend

This course is ideally suited to those who need a basic understanding of first aid at work.
The course is suitable for people who work in small teams, SME's and for home use.

## Objectives

By the end of this course delegates will have a basic understanding of:

- CPR for all ages (basic life support)
- Spinal and head injuries
- Choking
- Unconsciousness
- Bleeding, burns and fractures
- Overview of using a defibrillator
- First Aider's responsibility

## Learning approach

The course is classroom based with interactive PowerPoint presentation and hands-on scenarios, e.g.placing an injured person in the recovery position and CPR.
The course has an ongoing assessment by the tutor.

## Pre-requisites

None required, however the candidate will need to speak and understand English.

For more information or to make a booking, please email info@infinity-training.co.uk