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Emergency First Aid

Number of delegates: 6

Duration: 1 day

Location: Horsley Cross



Who should attend

This course is ideally suited to those who need a basic understanding of first aid at work. The course is suitable for people who work in small teams, SME's and for home use.

Objectives

By the end of this course delegates will have a basic understanding of:

- CPR for all ages (basic life support)
- Spinal and head injuries
- Choking
- Unconsciousness
- Bleeding, burns and fractures
- Overview of using a defibrillator
- First Aider's responsibility

Learning approach

The course is classroom based with interactive PowerPoint presentation and hands-on scenarios, e.g. placing an injured person in the recovery position and CPR. The course has an ongoing assessment by the tutor.

Pre-requisites

None required, however the candidate will need to speak and understand English.

For more information or to make a booking, please email info@infinity-training.co.uk