Telephone: 01255 870009
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Manual Handling

Number of delegates: 6
Duration: 1/2 day
Location: Horsley Cross

Who should attend

This course is designed for all customers who are likely to undertake manual handling within their workplace.

Objectives

On successful completion of the training course the delegates will be able to demonstrate an understanding of correct manual handling. In addition to this they will have knowledge of:

- Identifying risks associated with lifting and assess the number of people required to lift heavier items.
- Describe the manual handling operation
- Carry out basic lifting techniques
- Describe their role and the regulatory requirements of employees and employers

Learning approach

30% theory-based using PowerPoint presentations, demonstrations, videos and open discussions.
70% practical-based demonstrating correct lifting techniques utilising different objects.
Theory and practical assessments will be undertaken to demonstrate delegates understanding of manual handling principles.

Pre-requisites

None required, although a brief theory and practical assessment is undertaken at the end of the course and so it must be highlighted prior to the booking if delegates require any additional support.

For more information or to make a booking, please email info@infinity-training.co.uk